Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Thursday 22 Jun 2023 until 23:59 on Friday 23 Jun 2023

Forecast Issued on Thursday 22 Jun 2023 at 02:05 by Met Office Aberdeen

Confidence: High for drier settled conditions into Friday morning becoming unsettled from Friday afternoon. Low confidence in the shower detail from Saturday.

Headline for Thursday 22 Jun 2023: A fine dry and sunny day.

Mountain weather hazards on Thursday 22 Jun 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Sunny	Sunny intervals	Sunny intervals	Sunny intervals	Sunny
Precipitation probability					
00%	00%	00%	00%	00%	00%

Forecast for Thursday 22 Jun 2023

Weather: A dry day with long sunny periods, some patchy cloud at times.

Chance of cloud-free hill tops above 800m: 95%

Low Cloud and visibility: The visibility will be very good with a patchy cloud base above summits.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.

Mountain Weather Forecast

Forecast for Thursday 22 Jun 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	16/20 SW	12/17 W	10/15 W	8/12 W	9/13 SW	10/13 S	12/15 SE
900	11/14 SW	9/14 W	9/14 W	7/11 W	7/11 SW	8/11 S	9/12 SE
600	14/17 SW	10/14 SW	10/15 W	7/11 W	8/11 SW	7/9 SW	6/8 SE
300	7/10 SW	7/11 SW	7/11 W	6/10 W	7/11 SW	5/6 S	5/7 SE
Glen	3/7 S	5/10 SW	7/12 W	5/9 SW	7/12 SW	3/6 S	4/7 SE

Height (m)	Temperature / Feels Like (°C)						
1300	4/-1	4/0	7/4	8/6	9/6	8/5	7/4
900	7/4	9/6	11/9	12/11	12/11	10/9	8/6
600	9/6	10/8	13/11	14/13	14/13	13/12	12/10
300	12/10	13/12	16/14	17/16	17/16	15/14	14/13
Glen	13/13	15/15	18/17	19/18	18/17	15/15	14/13
Freezing Level*	1800m	1800m	2000m	2200m	2100m	2100m	2200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Long sunny periods and warm conditions lead to a risk of dehydration and sunburn.

Forecast for Friday 23 Jun 2023
Weather: After a dry and bright start cloud spreads northeast followed by showers in the afternoon.

Maximum wind: Southwest 35-40mph gust 45mph.

Chance of cloud-free hill tops above 800m: 80% at first steadily decreasing to 40% by the afternoon

Low Cloud and visibility: Increasing high cloud in the morning lowering to 600-700m by midday and becoming broken at 400-500m through the afternoon. The visibility will be good out with the cloud, falling poor in any showers. The best of any brightness will be across northern ranges.

Temperature: **Glens:** Plus 10 Celsius rising plus 21 Celsius
At 800m: Plus 12 Celsius
Freezing level: Above summits

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.